

Varsha Ritu

A monsoon immersion in Yoga, Devotion & Nature
with Jenil Dholakia

4-6 July

Govardhan Eco Village
Palghar, Maharashtra



Come experience the

Magic of Monsoon

In the Indian calendar, Varsha Ritu — the monsoon season — is a sacred time to turn inward, detox, and realign.

As the rains cleanse the earth, they invite us to release what no longer serves us — physically, mentally, and emotionally.

This retreat offers you a pause from city life to breathe, reset, and flow with nature's rhythm.

Through yoga, devotion, and nature, embark on a transformative journey that grounds and uplifts you.

Retreat Highlights

- ✓ Daily yoga: Asana | Pranayama | Meditation | Kriya
- ✓ Sound Healing
- ✓ Soulful Kirtan & Aarti
- ✓ Vedic Yagna
- ✓ Forest Walk in Vrindavan-inspired gardens
- ✓ Visit to Gaushala
- ✓ Sattvic monsoon-friendly meals
- ✓ Like-minded community & soulful conversations
- ✓ 10% off on Ayurvedic treatments

The Venue - Govardhan Eco Village

Located in Palghar, Maharashtra – this venue is a globally acclaimed, award-winning spiritual and ecological sanctuary.

Nestled in the Sahyadri hills, this 140-acre retreat center blends timeless Vedic wisdom with sustainability, simplicity & soulful living.



Just 2.5 hours away from Mumbai

Accommodation

Govardhan Eco Village

Palghar, Maharashtra



Meet your Host

Jenil Dholakia



Jenil Dholakia is a globally certified yoga teacher who transitioned from a thriving media career to follow her true calling—yoga. With over a decade of experience, she shares the essence of authentic yoga across festivals, retreats, workshops, and corporate spaces in India & accross the globe. Her work has touched thousands of lives, both in-person and online. Jenil curates and hosts immersive retreats, where she connects with people and guide them on their inner journey through yoga.

This retreat is for you if you're...

- **Craving a pause from the daily noise and hustle**
- **Longing to reconnect with nature and like-minded souls**
- **Seeking tools to manage stress, detox gently, and tune inward**
- **Ready for a soulful, spiritual reset during the monsoon**
- **A yoga lover looking for depth beyond just physical postures**
- **A nature enthusiast or curious seeker on a path of self-growth**

Costing

Double Occupancy: Rs. 15,500 per person

Single Occupancy: Rs. 25,500 per person

Inclusions

- **2 nights/3 days stay at Govardhan Eco Village**
- **All 6 Sattvic meals** *[first day lunch to last day breakfast]*
- **All yoga, healing & spiritual sessions**
- **Group forest walks, Gaushala tour & temple visits**
- **10 % discount on Ayurvedic treatments**

Exclusions

- **Travel to the venue & back**
- **Any personal expenses**

Terms & Conditions:

- **100% payment to be made in advance to secure your spot**
- **No refunds or carry forwards available**
- **In case you can't make it to the retreat, you can transfer the seat to a friend/family member**

A hand is reaching out from the bottom left towards a waterfall in the background. The waterfall is a thin stream of water falling over rocks, surrounded by lush green foliage. The background is slightly blurred, emphasizing the hand and the text.

Ready to join?

For booking your spot
kindly revert to receive
the payment details

Jenil Dholakia
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- Limited spots only -
Looking forward to hosting you!